COLUMBIA MIDDLE SCHOOL OCTOBER - NOVEMBER 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Daily Assorted Benefit Bars Bagel & Cream Cheese Banana or Zucchini Breads, UBR's, Breakfast Rolls Assorted Cereals offered with Graham Cracker Breakfast also includes: 100% Fruit Juice, and a variety of Milks. Fresh Fruit Apples/Oranges/Bananas/ Mixed Fruit/ Raisins	Mini Pancakes & Sausage *14	French Toast Sticks *37	Breakfast Bagel *26	Pancake on a Stick *18	WG Breakfast Pizza *24
HONOR ROLL	Chicken Tenders*16 French Fries*17 Dinner Roll*34	Taco Bar Beef/Chicken/ Pulled Pork Beef=*33 Chicken=*29	Chicken Nuggets*16 Tater Tots*23 Dinner Roll*34	Turkey Gravy Mashed Potatoes*16 Dinner Roll *34	100% Beef Spaghetti *13 Dinner Roll*34
TRADITIONS DESCRIPTIONS Shredded Lettuce Sliced Tomatoes Sliced Red Onion Jalapeno Pickles	Cheeseburger *27 French Fries*17	Bean & Cheese Burrito *41	Honey Rib B Que sandwich *41 Tater Tots*23	Corndog *30 French Fries *17	Crispy *43 Regular or Spicy Chicken Patty Wedge Fries *20
UPPER CRUST	Mac & Cheese*24 Dinner Roll*34	WG Domino's Pepperoni Pizza*26 Cheese Pizza*29	Chicken Alfredo *31 Dinner Roll *34	French Bread Pizza*30	WG Domino's Pepperoni Pizza*26 Cheese Pizza*29
Reduce Breakfast .30 Reduce Lunch .40 Paid Breakfast 2.25 Paid Lunch 3.50 Online Payments can be made @ family.titank12.com	Chef Salad *4 Breadstick*30	Taco Salad*13 & Tortilla Chips*36	Chicken Caesar Salad *4 Breadstick *30	Italian Dunkers *30 Marinara Sauce	Fruit & Yogurt Parfait *77 String Cheese *1
For menu nutritional information Please visit www. sesd.org NEED A JOB? Please apply to become a SUB for our FOOD SERVICE DEPARTMENT Flexible Hours www.edjoin.org www.sesd.org	Turkey Club *34 Baked WG Chips *18-*24	American Sub Sandwich *35 Baked WG Chips *18-*24	Deli Ham & Cheese Sandwich *21 Baked WG Chips *18-*24	Peanut Butter & Jelly Sandwich*63 String Cheese *1	Spinach Salad *11 & Breadstick 830

This institution is an equal opportunity provider